

CLUB

American Football

Basketball Men's **Basketball Women's** Boxing

Cheerleading Cricket

Fencing Football Women's 1st Football Men's 1st Football Men's 2nd Football Men's 3rd Football Men's 4th

TIMES

Tuesday 7pm - 9pm Tuesday 6pm - 8pm Thursday 6pm - 8pm Tuesday 8pm - 10pm Monday 8pm - 10pm Mondau 6:30pm - 7:30pm Wednesdau 6:30pm - 7:30pm Friday 6:30pm - 7:30pm Thursday 7:30pm - 10pm Thursday 6pm - 8pm Sunday 9am - 8pm Wednesday 6pm - 8pm Thursday 8pm-10pm Monday 7pm - 9pm Monday 8pm - 10pm Mondau 8pm - 10pm Mondau 7pm - 9pm Mondau 7pm - 9pm Wednesday 1pm - 3pm

LOCATION

Ford Quarry Hub, SR4 ORW

CituSpace, Sports Hall, SR1 3SD MF Boxing . SR2 ONJ

Thornhill School, SR2 7LZ

CitySpace, Sports Hall, SR1 3SD Ford Quarry Hub, SR4 ORW Downhill Hub, SR5 4BB

Futsal Men's
Golf
Netball
Rowing
Rugby Men's
Rugby Women's
Swimming
Tennis
Volleyball

CLUB

TIMES

Friday 6pm - 8pm Thursday 5pm - 7pm Monday 6pm - 8pm Tuesday 8pm-10pm Monday 6pm - 8pm Monday 6pm - 8pm Monday 7:45pm-8:45pm Wednesdau 7:45pm-8:45pm Wednesday 6pm - 8pm Monday 8pm-10pm

LOCATION

Sunderland Driving Range, SR5 1JT CitySpace, Multipurpose Room, SR1 3SD Ashbrooke Rugby Club, SR2 7HH Ashbrooke Rugbu Club, SR2 7HH

Silksworth Tennis Centre, SR3 1PD CitySpace, Sports Hall, SR1 3SD

Make sure to download and sign up to the 360 Plauer App to keep track of any changes regarding training within the in-app calender and to log your attendance.



You should not be attending training without a Team Sunderland Club Membership, Scan here to purchase uours

For more info contact: ollie.barnett@sunderland.ac.uk





